30TH APRIL 2021 SCOTLAND ROAD CAMPUS



Attendance for the whole school last week was 96.1% If your child is too poorly to attend please let us know on the first day of absence on 0115 9155725 Green is good! – Let's make sure all our classes this academic year are in the green and hit our target of 96.5% or above						
91.7%		92.2%	99.3%	93.3%	97.4%	
Flamingos	Toucans	Parrots	Lions	Tigers	Jaguars	
98.3%	98.8%	96%	98.3%	94.7%	98.7%	
Congratulations to the Foxes' class who achieved 99.3% attendance and have won £9.93 for their class money bank!						

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Monday 3rd April is a **Bank Holiday** therefore school will be closed on that day. We will be open as normal on Tuesday 4th May.

PE Kit for After School Clubs: For the rest of this academic year, any children taking part in a sport related after school club, should come to school in their school PE kit as they would normally do when they have PE. This is to prevent children having to get changed at school and support social distancing. We will review this decision ready for the new school year in September.



<u>Calling ex-pupils of Heathfield Primary School:</u> It is all too easy to lose touch with our primary school friends. Since the school opened in 1913 many thousands of children have attended the school making it a truly vast alumni community. With this in mind, there is a huge wealth of knowledge, experiences and expertise that would be great to share with our current Heathfield children so, we would like to set up a Heathfield Alumni. Hopefully, we can all enjoy the benefits this will bring.

You might like to:-

• Come into school to talk about your chosen path and inspire and encourage our children – saying "When I was a pupil at Heathfield, "I sat there and now I'm . . ." is a very powerful opening line!

- Receive termly updates
- Attend school open events
- Attend alumni events and meet up with former classmates
- Visit the school for a 'tour'

We hope that we can develop the Heathfield Alumni group; it will be great to see where it takes us over the coming years. If this is something you would be interested in, please contact Mr Battison leopards@heathfield.nottingham.sch.uk and he will be in contact to discuss further.



<u>Friday Afternoon Rainbow Club Signup</u>: Please use this link to sign up your child/children to Rainbow Club on Friday 7th May: <u>https://bit.ly/3gMGAhf</u>

This club is only open to single parent/carer working families or families where both parent/carers work on a Friday afternoon. Evidence will be required if it has not already been given.

This form must be completed every week by 2pm on Thursday afternoon if a place is required.



<u>Charity Donations</u>: We had a very nice letter from Rachel at the Mesopotamia Charity shop on Valley Road, thanking us for all our food we have donated this year. The charity offers a variety of services and has been helping, on average, 350 families a week with food and basic essentials.

Height and weight checks for the Dolphins and all Year 6 children: Every year the height and weight of Reception and Year 6 children in schools in England is measured. This is called the National Child Measurement Programme (NCMP). Trained health staff from Nottingham CityCare Partnership carry out the measurements and they will be coming into school to do this on **Tuesday 18th May**. Children are measured in a private space away from other children and will be fully clothed, only taking off their shoes and coats.



All children in Dolphins and all Year 6 children should have received a letter last week with further details on. If you have not yet received one please come to the school office to collect a letter as soon as possible. If you are happy for your child to be measured, you do not need to do anything. If you do not want your child to be measured, please tell the school office no later than Friday 14th May. Children will not be made to take part on the day if they do not want to.

Further information about the National Child Measurement Programme can be found at: <u>https://www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme</u>

NEW Afterschool Clubs are coming! Now 'hopefully' things are beginning to return to some sort of normal we would like to begin some afterschool clubs for the children to learn new skills and have fun. The Teachers and Teaching Assistants are finalising dates when these can start but there should be something for each year group coming very soon.

<u>Returning to school following a positive case of Covid-19</u>: Staff, students and pupils who had a positive LFD test result, and their close contacts and other members of their household, should self-isolate immediately in line with <u>NHS Test and Trace guidance</u> and while awaiting the PCR result. If the PCR test is negative (a negative LFD test result is not acceptable), it overrides the LFD test and the staff, pupil or student can return to school or college, and their close contacts can also end their self-isolation.

Positive Mental Health and Well-Being at Heathfield



This half term we are focusing on the well-being area of:

'Keep Learning'

We are encouraging children and families to look at learning something new as an exciting adventure of discover, and that learning new skills gives us a sense of achievement, and optimism and builds self-esteem.



Some of this week's well-being activities include 'Hobbies & Skills Bingo, and can you learn how to juggle? NHS

If you have any coronavirus symptoms:

a high temperature

a new, continuous cough
a loss of, or change to, your sense of smell or taste

Get a test and stay at home

<u>Self-Isolation Guidance</u>: A reminder to all parents/carers that should anyone in your house have Covid-19 symptoms or have received a positive test result, all members of the household should self-isolate for 10 days and not attend school.

Please let school know if anyone in your household is self-isolating or has had a positive Covid test result using our out of hours email <u>covidreporting@heathfield.nottingham.sch.uk</u>

Support Grant from HMRC/Local Authority

<u>Home Testing</u>: From 1 March 2021 all adults in households with school and college age children **without symptoms** can now access regular rapid coronavirus (COVID-19) testing (Lateral Flow Device Tests).

Please do not share kits with your child if they are under 11. If your child has covid symptoms you should immediately obtain a PCR test via this website <u>https://www.gov.uk/get-coronavirus-test</u>. If your child has covid symptoms, a negative LFD test will not allow them to return to school early.

You can get twice-weekly test via one of four ways; note these kits are not available from your child's school. Secondary school and college students aged 11 and above will continue to access their own regular rapid tests directly through their school or college.

Via Your employer

Your workplace may offer rapid lateral flow testing to you. Contact your employer to find out more.

Testing at a local Community Test Site

www.nottinghamcity.gov.uk/asymptomatictesting

Testing at these sites is assisted, which means you will swab yourself under the supervision of a trained operator. You do not need to make an appointment. They are currently at three locations in Nottingham: Further details are available here:

14 Southchurch Dr, Ciliton NG11 8AR Muskham Streat, The Meadows NG2 2HE Leisure Centre Gregory Boulevard NG7 6ND WHEN: Sunday/Monday: CLOSED Sunday/Monday: CLOSED Monday-Friday: 8nn 900 moday-Friday: 8am - 6pm 9,00am - 6,30pm Wadnesday: 7am - 5pm Wednesday: 7am - 5pm Saturday: 8am - 6pm 9,00am - 6,30pm Thursday/Friday: 8am -6pm Bpm Saturday: 0,00am - 2,30pm Saturday: 0,00am - 2,30pm No need to book, just drop in. Please don't attend if you are showing symptoms of Covid-19. Under 16s must come with an adult. Full support will be available if you test positive. Mottingham Mottinghamcify.gov.uk/asymptomatictesting

Collect test kits

You can collect 2 packs of home test kits at a local collection point. Each pack contains 7 tests. Anyone 18 or over can collect. You do not need to make an appointment. Do not visit a collection point outside opening hours, as it may be used to test people with coronavirus symptoms outside these times.

Details of how to find your nearest test collection site are here:

https://find-covid-19-rapid-test-sites.maps.test-and-trace.nhs.uk/

Order home test kits online

If you cannot get tested at your workplace or are unable to go to a test site or collect test kits, you can order a home test kit online. Do not order online if you can get a test through other methods. This frees up home delivery for those who need it most. Order rapid lateral flow home test kits

What twice-weekly testing involves. You will be asked to:

- take a test twice a week (every 3 or 4 days apart)
- report every result to NHS Test and Trace on the same day you take the test
- <u>Report your test result online</u> or by calling 119.

If anyone tests positive or gets coronavirus symptoms, they should tell the school and:

- self-isolate immediately
- get a PCR test to confirm the result via <u>https://www.gov.uk/get-coronavirus-test</u>
- follow the stay at home guidance for households with possible coronavirus infection

A negative result means the test did not find signs of coronavirus. But this does not guarantee you do not have coronavirus, so you should keep following all <u>coronavirus advice</u> including:

- regular handwashing
- social distancing.

If you have any questions about this process contact NHS on 119, please do not contact the school.

Parents with children at nurseries, schools and colleges

NHS

Test and Trace

A guide to regular rapid Covid-19 testing



Regular rapid testing is now available for parents, their households and bubbles.

Regular rapid testing is a fast and easy way to find out if you have coronavirus and help protect your loved ones and community. It's free and takes around 30 minutes.

Why introduce regular rapid testing?

Up to 1 in 3 people who have Covid-19 have no symptoms and could be spreading it without knowing.

Regular rapid testing is now available for parents of nursery, school children and college students. As well as adults in their households, childcare and support bubbles.

Regular testing for people without symptoms is already taking place across the country. Thousands of people who didn't know they had the virus have been able to take action to stop the spread of the disease.

As lockdown restrictions ease, getting into the regular habit of twice weekly testing will play an important role in getting back to normal; alongside the vaccine, following the hands, face, space guidance, and social distancing measures.

Regular testing for school staff and students

Regular rapid testing is already available to all staff at nursery, primary and secondary schools and colleges.

Secondary school and college students aged 11 and above will continue to access regular rapid tests directly through their school or college. And we continue to encourage them to get tested.

On return they will initially be supervised while testing at school and then continue to test themselves at home with test kits they will get from school or college.

Nursery and primary school children are not being asked to be tested as evidence continues to show that children and young people are at low risk from Covid-19 and are very unlikely to get seriously ill.

What is the benefit to you?

By taking part in regular rapid testing, you'll be protecting yourself and your loved ones. And helping us all get back to a more normal way of life.



How does it work?

It's a simple swab test you can do at home, school, work or test site, using a Lateral Flow Device (LFD). It takes around 30 minutes to find out if you have the virus.

The test detects viral proteins that are present when someone has Covid-19. Research from Public Health England and Oxford University shows that they pick up the vast majority of people in the most infectious stage of the disease. With up to 1 in 3 people who have the virus showing no symptoms – they could be spreading it without knowing.

Testing should take place twice a week, every three – five days, ideally in the morning. Why not add this to your morning routine?

If you test negative, you can continue to go to work. You should still strictly follow all other government guidelines and avoid all unnecessary contact. If you, your household or bubble test positive, you should all selfisolate immediately. And then the person who has tested positive should also take a confirmatory PCR test and follow latest government guidance.

For more information visit <u>gov.uk/guidance/</u> <u>understanding-lateral-flow-antigen-testing-</u> <u>for-people-without-symptoms</u>



YouTube Introduction to Rapid Lateral Flow testing



Reporting your test

You should report your results online straight away, even if your result is negative or void. It's easy to do at: <u>gov.uk/report-covid19-result</u>

Results can also be reported via telephone by calling 119 (free from mobiles and landlines). Lines are open every day, 7am to 11pm.

If you have tested positive, you can also check to see if you are eligible for the £500 Test and Trace Support Payment.



Where can I get tested?

If you are a parent or adult of a household, childcare or support bubble you can either:

- Get an assisted test at work if it is available.
- Attend a test site to get tested (where you will be able to see how to take the test) or pick up tests to do at home.
- 3. Order a test online to do at home.

To find out how to get a free rapid Covid-19 test visit <u>gov.uk/coronavirus-</u> <u>school-household-testing</u>

Regular rapid testing is for those without symptoms of Coronavirus. If you have symptoms, you should continue to book through <u>nhs.uk/coronavirus</u>