



23RD APRIL 2021
SCOTLAND ROAD CAMPUS

Attendance for the whole school for the last week before the holiday was 92.8%

If your child is too poorly to attend please let us know on the first day of absence on 0115 9155725

Green is good! – Let's make sure all our classes this academic year are in the green and hit our target of 96.5% or above

Seahorses 91%		Dolphins 90.1%	Foxes 95.3%	Badgers 91.3%	Hares 99%
Flamingos 92.8%	Toucans 98.2%	Parrots 90%	Lions 89.4%	Tigers 89.9%	Jaguars 94.1%

Congratulations to the Hares' class who achieved 99% attendance and have won £9.90 for their class money bank!

Summer Term Arrangements: As the Government 'roadmap' states some restrictions on household mixing indoors and outside will still be in place until at least 17th May therefore we will be continuing with the same bubble arrangements in school. This includes the early finish on Fridays.

We will also be continuing with our staggered start and end to the day. This allows for less adults to be on site at one time as long as you stick to your allocated time slots. We also ask for your continued consideration of staff and other parents by maintaining a 2m distance and only entering the school site in the morning if your child is in EYFS or KS1 – the other year groups can be dropped off at the gate to make their own way to class.

Please can parents of children in the nursery and reception classes remember to wear a face mask when picking up or dropping off their children.

Parking: Please can we ask that parents only use allocated parking spaces when dropping off and collecting. This ensures that the area around school is safe for children and minimises the impact on local residents.

Returning to school following a positive case of Covid-19: Staff, students and pupils who had a positive LFD test result, and their close contacts and other members of their household, should self-isolate immediately in line with [NHS Test and Trace guidance](#) and while awaiting the PCR result. If the PCR test is negative (a negative LFD test result is not acceptable), it overrides the LFD test and the staff, pupil or student can return to school or college, and their close contacts can also end their self-isolation.

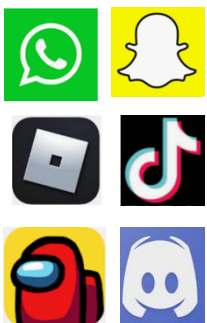


Friday Afternoon Rainbow Club Signup: Please use this link to sign up your child/children to Rainbow Club on **Friday 30th April:** <https://bit.ly/3veplJu>

This club is only open to single parent/carer working families or families where both parent/carers work on a Friday afternoon. Evidence will be required if it has not already been given.

This form must be completed every week by 2pm on Thursday afternoon if a place is required.

Important Online Safety: The school Safeguarding Team have seen an increase in issues regarding children using and misusing social media, online games and apps on their tablets, computers and phones which is then impacting on behaviour and friendships in school. Most apps and games that children like using which look harmless actually have an age rating of 13+ or 17+. Many children are left to use these apps on their own and you may not be aware of what can be done by other users unknown to the child. We urge you to take notice of what your child is accessing and who they are talking to. Recent incidents have involved Whatsapp and Tiktok where strangers have sent inappropriate messages and 'friends' have been extremely unkind which if such behaviour was happening in school there would be complaints about bullying happening. **There is lots of advice on the NSPCC or Netaware websites for you to access. Use Parental Controls to Keep Your Child Safe | NSPCC**



Positive Mental Health and Well-Being at Heathfield

The best way to really improve wellbeing, is through pupils understanding that:

- Wellbeing is important for me
- There are things that I can do to improve my wellbeing



This half term we are focusing on the well-being area of 'Keep Learning'

Learning new skills gives us a sense of achievement, and optimism and builds self-esteem.

Set a goal. Learn something new. Try something fun. Achieve a goal. Learning can be social, you may make new friends as well as new skills. Many exciting learning opportunities exist in life – learning is endless. What interests you? Learn more about it. Try something new.

Some of this week's well-being activities include 'Marvellous Me', and can you learn how to make a sound with a blade of grass?

https://www.youtube.com/watch?v=w22rBOS_pUE



Bee Friendly Nature Garden: We are keen to develop the planting in the Nature Garden and are looking for any green fingered members of our community to support with advice or even time to create a bee friendly area. Cheerios are offering free sunflower seeds – can we start a sunflower growing competition? We could plant them in school and see the competition unfold!



NHS

If you have any coronavirus symptoms:

- a high temperature
- a new, continuous cough
- a loss of, or change to, your sense of smell or taste

[Get a test](#) and stay at home

Self-Isolation Guidance: A reminder to all parents/carers that should anyone in your house have Covid-19 symptoms or have received a positive test result, **all members of the household should self-isolate for 10 days and not attend school.**

Please let school know if anyone in your household is self-isolating or has had a positive Covid test result using our out of hours email covidreporting@heathfield.nottingham.sch.uk

Support Grant from HMRC/Local Authority

Home Testing: From 1 March 2021 all adults in households with school and college age children **without symptoms** can now access regular rapid coronavirus (COVID-19) testing (Lateral Flow Device Tests).

Please do not share kits with your child if they are under 11. If your child has covid symptoms you should immediately obtain a PCR test via this website <https://www.gov.uk/get-coronavirus-test>. If your child has covid symptoms, a negative LFD test will not allow them to return to school early.

You can get twice-weekly test via one of four ways; note these kits are not available from your child's school. Secondary school and college students aged 11 and above will continue to access their own regular rapid tests directly through their school or college.

Via Your employer

Your workplace may offer rapid lateral flow testing to you. Contact your employer to find out more.

Testing at a local Community Test Site

Testing at these sites is assisted, which means you will swab yourself under the supervision of a trained operator. You do not need to make an appointment.

They are currently at three locations in Nottingham:

Further details are available here:

www.nottinghamcity.gov.uk/asymptomatictesting

WHERE: Clifton Community Centre 14 Southchurch Dr, Clifton NG11 8AR	The Portland Centre Muskham Street, The Meadows NG2 2HE	Djanogly Community Leisure Centre Gregory Boulevard NG7 6ND
WHEN: Sunday/Monday: CLOSED Tuesday: 8am – 6pm Wednesday: 7am – 5pm Thursday/Friday: 8am – 6pm Saturday: 8.30am – 1pm	Sunday/Monday: CLOSED Tuesday: 8am – 6pm Wednesday: 7am – 5pm Thursday/Friday: 8am – 6pm Saturday: 8.30am – 1pm	Monday-Friday: 9.30am – 6.30pm Saturday: 9.30am – 2.30pm Sunday: CLOSED
No need to book, just drop in. Please don't attend if you are showing symptoms of Covid-19. Under 16s must come with an adult. Full support will be available if you test positive.		
www.nottinghamcity.gov.uk/asymptomatictesting		



Collect test kits

You can collect 2 packs of home test kits at a local collection point. Each pack contains 7 tests. Anyone 18 or over can collect. You do not need to make an appointment. Do not visit a collection point outside opening hours, as it may be used to test people with coronavirus symptoms outside these times.

Details of how to find your nearest test collection site are here:

<https://find-covid-19-rapid-test-sites.maps.test-and-trace.nhs.uk/>

Order home test kits online

If you cannot get tested at your workplace or are unable to go to a test site or collect test kits, you can order a home test kit online. Do not order online if you can get a test through other methods. This frees up home delivery for those who need it most. [Order rapid lateral flow home test kits](#)

What twice-weekly testing involves. You will be asked to:

- take a test twice a week (every 3 or 4 days apart)
- report every result to NHS Test and Trace on the same day you take the test
- [Report your test result online](#) or by calling 119.

If anyone tests positive or gets coronavirus symptoms, they should tell the school and:

- self-isolate immediately
- get a PCR test to confirm the result via <https://www.gov.uk/get-coronavirus-test>
- follow the [stay at home guidance for households with possible coronavirus infection](#)

A negative result means the test did not find signs of coronavirus. But this does not guarantee you do not have coronavirus, so you should keep following all [coronavirus advice](#) including:

- regular handwashing
- social distancing.

If you have any questions about this process contact NHS on 119, please do not contact the school.

Parents with children at nurseries, schools and colleges

A guide to regular rapid Covid-19 testing



Regular rapid testing is now available for parents, their households and bubbles.

Regular rapid testing is a fast and easy way to find out if you have coronavirus and help protect your loved ones and community. It's free and takes around 30 minutes.

Why introduce regular rapid testing?

Up to 1 in 3 people who have Covid-19 have no symptoms and could be spreading it without knowing.

Regular rapid testing is now available for parents of nursery, school children and college students. As well as adults in their households, childcare and support bubbles.

Regular testing for people without symptoms is already taking place across the country. Thousands of people who didn't know they had the virus have been able to take action to stop the spread of the disease.

As lockdown restrictions ease, getting into the regular habit of twice weekly testing will play an important role in getting back to normal; alongside the vaccine, following the hands, face, space guidance, and social distancing measures.

Regular testing for school staff and students

Regular rapid testing is already available to all staff at nursery, primary and secondary schools and colleges.

Secondary school and college students aged 11 and above will continue to access regular rapid tests directly through their school or college. And we continue to encourage them to get tested.

On return they will initially be supervised while testing at school and then continue to test themselves at home with test kits they will get from school or college.

Nursery and primary school children are not being asked to be tested as evidence continues to show that children and young people are at low risk from Covid-19 and are very unlikely to get seriously ill.

What is the benefit to you?

By taking part in regular rapid testing, you'll be protecting yourself and your loved ones. And helping us all get back to a more normal way of life.



How does it work?

It's a simple swab test you can do at home, school, work or test site, using a Lateral Flow Device (LFD). It takes around 30 minutes to find out if you have the virus.

The test detects viral proteins that are present when someone has Covid-19. Research from Public Health England and Oxford University shows that they pick up the vast majority of people in the most infectious stage of the disease. With up to 1 in 3 people who have the virus showing no symptoms – they could be spreading it without knowing.

Testing should take place twice a week, every three – five days, ideally in the morning. Why not add this to your morning routine?

If you test negative, you can continue to go to work. You should still strictly follow all other government guidelines and avoid all unnecessary contact. If you, your household or bubble test positive, you should all self-isolate immediately. And then the person who has tested positive should also take a confirmatory PCR test and follow latest government guidance.

For more information visit [gov.uk/guidance/understanding-lateral-flow-antigen-testing-for-people-without-symptoms](https://www.gov.uk/guidance/understanding-lateral-flow-antigen-testing-for-people-without-symptoms)



YouTube Introduction to Rapid Lateral Flow testing



Reporting your test

You should report your results online straight away, even if your result is negative or void. It's easy to do at: [gov.uk/report-covid19-result](https://www.gov.uk/report-covid19-result)

Results can also be reported via telephone by calling 119 (free from mobiles and landlines). Lines are open every day, 7am to 11pm.

If you have tested positive, you can also check to see if you are eligible for the £500 Test and Trace Support Payment.



Where can I get tested?

If you are a parent or adult of a household, childcare or support bubble you can either:

1. Get an assisted test at work if it is available.
2. Attend a test site to get tested (where you will be able to see how to take the test) or pick up tests to do at home.
3. Order a test online to do at home.

To find out how to get a free rapid Covid-19 test visit [gov.uk/coronavirus-school-household-testing](https://www.gov.uk/coronavirus-school-household-testing)

Regular rapid testing is for those without symptoms of Coronavirus. If you have symptoms, you should continue to book through [nhs.uk/coronavirus](https://www.nhs.uk/coronavirus)