



26<sup>TH</sup> MARCH 2021  
SCOTLAND ROAD CAMPUS

**Attendance for the whole school for last week was 95.1%**

**If your child is too poorly to attend please let us know on the first day of absence on 0115 9155725**

**Green is good!** – Let's make sure all our classes this academic year are in the green and hit our target of 96.5% or above

<b>Seahorses</b> 96.8%		<b>Dolphins</b> 93.6%	<b>Foxes</b> 98.4%	<b>Badgers</b> 90.3%	<b>Hares</b> 91.8%
<b>Flamingos</b> 97.3%	<b>Toucans</b> 99.5%	<b>Parrots</b> 93.7%	<b>Lions</b> 97.8%	<b>Tigers</b> 92.3%	<b>Jaguars</b> 95%

**Congratulations to the Toucan's class who achieved 99.5% attendance and have won £9.90 for their class money bank!**



**Easter Holidays:** We finish for Easter on **Thursday 1<sup>st</sup> April**. Friday 2<sup>nd</sup> April is Good Friday therefore a Bank Holiday. Children will return to school on Monday 19<sup>th</sup> April.

**Lates:** We have seen a real improvement in punctuality over the last week, with almost all the pupils in school by 8:50am and ready to learn. We cannot stress enough how important it is for children to start the day with the rest of their class. Arriving late increases children's anxiety and means that they are missing important information at the start of a lesson. We often find that children who consistently arrive late struggle to make the same progress as their peers. Please speak to a member of staff if you need any support with punctuality.



**Sporting Success:** We are really pleased to share that one of our former pupils has been signed by Manchester United! Malachi Sharpe, who left Heathfield in 2016 had previously played for Derby County's youth teams. Malachi's success has meant that the family has moved to Manchester which means we have had to say farewell to his youngest sister Abigail, who was in Hares class. We wish the family all the best on their new adventure!



**Parking:** A massive thank you to all the parents for taking note of the comments in last week's newsletter and not parking on the yellow zig-zags outside the school gate. Drop off and collection has felt much calmer and safer this week!



**Easter Bonnets:** Seahorses, Dolphins, Badgers, Foxes and Hares' Easter bonnet parade is on Thursday 1<sup>st</sup> April. We look forward to seeing your wonderful homemade bonnets.

**Change of Menu:** As we won't be in school next Friday 2<sup>nd</sup> April, we will be having our traditional 'Fish or Pizza day' on Thursday 1<sup>st</sup> April. The pudding will remain the same; Chocolate Sponge.



**FREE Fun and Food this Easter:** Support is available for FREE Fun and Food this Easter – both for families receiving Free School Meals and families in receipt of council tax support. **Sign up for updates!** Want to know if Free School Meals are still available each school holiday? Interested in help and support with money, debt or job hunting? Sign up to receive email updates about the support available in Nottingham. Simply [click here](#) and enter your email address to subscribe.

**Activities for pupils receiving Free School Meals:** Pupils receiving Free School Meals are welcome to book onto the **Easter Family Fest activities being held by Nottingham Playhouse**. Drama, dance, singing and creative writing workshops are all available FREE for pupils receiving Free School Meals. Download [the flyer here](#) for information about the activities and how to book.

For each week of the Easter holiday, a £15 supermarket food voucher will again be provided to every eligible child in Nottingham. These will be distributed through schools before pupils break up for the Easter holiday. **At Heathfield we are aiming to have all vouchers via email and those needed to be printed sent no later than Thursday 1<sup>st</sup> April, text messages will be sent with updates next week.** For information about the Summer holidays sign up to our [email updates here](#) to get the details as soon as they are announced in July.

**Activities for all pupils:** All pupils across the city are welcome to download a **FREE performance of Jack and the Beanstalk from Nottingham Playhouse.** Download [the flyer here](#) for information about how to watch the performance for FREE.



**Additional support for food:** Not eligible for Free School Meals, but still experiencing hardship? Some families don't qualify for Free Schools Meals but can still be experiencing financial hardship. If your family receives council tax support you may be eligible for a £50 supermarket e-voucher to help you with food and essential supplies. [Click here to find out if you are eligible to apply.](#)

**Extra Support for Families – The Winter Grant Scheme:** The Winter Grant Scheme is now open to Nottingham City residents in receipt of Council Tax Support, with or without children.

10,000 vouchers are currently available as part of this scheme and selected applicants will be chosen on a first-come-first-serve basis. The scheme ensures successful applicants are issued with a £50 supermarket e-voucher to help with food and essential supplies. If you need support during this difficult time and believe that you qualify, please find out more including how to apply using the website link below.

Also you may know other friends and families who might benefit from this support so we would encourage you to pass this information on to anyone who this scheme could support.

### Who is not eligible?

Residents that are currently in receipt of the following benefits are NOT eligible for this grant: (Criteria updated as of 2nd February)

- Means Tested Free School Meals
- Self-Isolation Payment.

### Find out more including how to apply at the link below:

<https://www.nottinghamcity.gov.uk/coronavirus-covid-19/covid-winter-grant-scheme/>



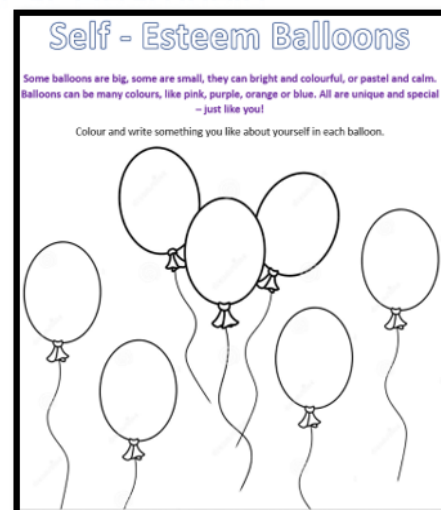
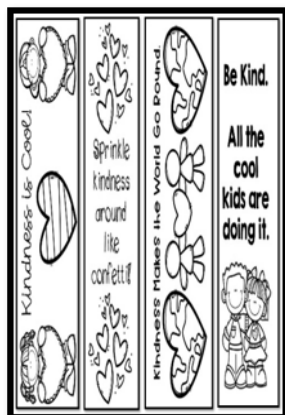
## Positive Mental Health and Well-Being at Heathfield

This half term we are focusing on the well-being area of **Give**

Our children are looking at, how being kind and generous in what we say and do, can help us to feel good and create positivity.

Thank you for your kind donations to our food bank collection, our school council will be arranging for this to be collected this week.

This week's well-being activities have included:  
Self-esteem balloons and kindness bookmarks



**New Menus:** We will be starting our new Spring/summer menu when we come back after the Easter Break; week beginning the 19<sup>th</sup> April 2021. Next week your child will bring home paper copies of the new menus, virtual copies are attached below for your reference. There is a slight difference between the KS1 and Foundation stage menu and the KS2 menu in that the older children do have a third choice on Monday, Tuesday, Wednesday and Thursdays.

WEEK 1 DATES: 19/4/21, 10/5/21, 7/6/21, 28/6/21, 19/7/21, 30/8/21 & 20/9/21 & 11/10/21

WEEK 2 DATES: 26/4/21, 17/5/21, 14/6/21, 5/7/21, 6/9/21 & 27/9/21

WEEK 3 DATES: 3/5/21, 24/5/21, 21/6/21, 12/7/21 13/9/21 & 4/10/21.

WEEK 1 DATES: 19/4/21, 10/5/21, 7/6/21, 28/6/21, 19/7/21, 30/8/21 & 20/9/21 & 11/10/21

WEEK 2 DATES: 26/4/21, 17/5/21, 14/6/21, 5/7/21, 6/9/21 & 27/9/21

WEEK 3 DATES: 3/5/21, 24/5/21, 21/6/21, 12/7/21 13/9/21 & 4/10/21.

## Menu for Key Stage 1

Key Stage 1

Primary Menu Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Jalouse - Tuna in a cheese sauce topped with puff pastry served with potato wedges	Chicken Curry with Wholegrain Rice and Naan Bread	Turkey Roast with Yorkshire Pudding, Roast Potatoes & Gravy	Beef Lasagne with Garlic Bread and salad potato wedges	Fish Fingers & Chips with Tomato Sauce and Peas
Vegetarian Main Meal	Vegetable Chili & Wholegrain Rice & flatbread	Vegetarian Pasta Carbonara & Garlic Bread	Quorn Roast with Yorkshire Pudding, Roast Potatoes & Gravy	Veggie Burger with Potato Wedges	Wholemeal Cheese & Tomato Pizza and Beans
Vegetable Selection	Roasted Mediterranean Vegetables	Sweetcorn Garden Peas	Cauliflower Savoy Cabbage	Broccoli Garden Peas	
Dessert	Oat Cookie	Chocolate Shortbread	Lemon Drizzle Cake	Ice Cream Sundae	Flagjack

Key Stage 1

Primary Menu Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Chicken Fajitas with Potato Wedges	Hot Dog (pork) with Cubed Potatoes and Beans	Chicken Roast with Mashd Potato, Stuffing & Gravy	Beef Meatballs with Pasta in a Tomato Sauce with Garlic Bread	Crispy Battered Fish & Chips with Peas
Vegetarian Main Meal	Vegetable Burrito with Potato Wedges	Macaroni Cheese with a Crispy Cheesy Top	Veggie Sausages with Yorkshire Puddings served with Gravy	Quorn & Vegetable Taco with salad	Wholemeal Cheese & Tomato Pizza and Beans
Vegetable Selection	Sweetcorn	Garden Peas	Savoy Cabbage Broccoli	Sweetcorn	
Dessert	Frozen Strawberry Ice	Ginger Biscuit	Chocolate Crispy Cake	Trifle	Iced Cupcake with Sprinkles

Key Stage 1

Primary Menu Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Chicken Burger in a Bun with Potato Wedges	Sausage (Pork), Mashd Potato and Beans	Beef Roast with Cauliflower Cheese, Roast Potatoes & Gravy	Sweet and Sour Chicken with Wholegrain Rice	Fish Cake & Chips with Tomato Sauce and Peas
Vegetarian Main Meal	Vegetable Curry with Wholegrain Rice and Naan Bread	Mediterranean Vegetable Lasagne and Garlic Bread with Peas	Quorn Roast with cauliflower cheese, Roast Potatoes & Gravy	Quorn Sausage Hotdog with Potato Wedges	Wholemeal Cheese & Tomato Pizza with Chips and Beans
Vegetable Selection	Sweetcorn Broccoli	Peas	Roasted Vegetables Carrots	Sweetcorn Garden Peas	
Dessert	Peach and Pineapple Muffin	Toffee Cream Tart	Jelly & Ice cream	Vanilla Cheesecake	Chocolate Brownie

## Menu for Key Stage 2

Key Stage 2

Primary Menu Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Jalouse - Tuna in a cheese sauce topped with puff pastry served with potato wedges	Chicken Curry with Wholegrain Rice and Naan Bread	Turkey Roast with Yorkshire Pudding, Roast Potatoes & Gravy	Beef Lasagne with Garlic Bread and salad potato wedges	Fish Fingers & Chips with Tomato Sauce and Peas
Vegetarian Main Meal	Vegetable Chili & Wholegrain Rice & flatbread	Vegetarian Pasta Carbonara & Garlic Bread	Quorn Roast with Yorkshire Pudding, Roast Potatoes & Gravy	Veggie Burger with Potato Wedges	Wholemeal Cheese & Tomato Pizza and Beans
Vegetable Selection	Roasted Mediterranean Vegetables	Sweetcorn Garden Peas	Cauliflower Savoy Cabbage	Broccoli Garden Peas	
Jacket Potato or Pasta	Pasta with Tomato Sauce	Jacket Potato with Baked Beans	Pasta with Cheese Sauce	Jacket Potato with Cheese	
Dessert	Oat Cookie	Chocolate Shortbread	Lemon Drizzle Cake	Ice Cream Sundae	Flagjack

Key Stage 2

Primary Menu Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Chicken Burger in a Bun with Potato Wedges	Sausage (Pork), Mashd Potato and Beans	Beef Roast with Cauliflower Cheese, Roast Potatoes & Gravy	Sweet and Sour Chicken with Wholegrain Rice	Fish Cake & Chips with Tomato Sauce and Peas
Vegetarian Main Meal	Vegetable Curry with Wholegrain Rice and Naan Bread	Mediterranean Vegetable Lasagne and Garlic Bread with Peas	Quorn Roast with cauliflower cheese, Roast Potatoes & Gravy	Quorn Sausage Hotdog with Potato Wedges	Wholemeal Cheese & Tomato Pizza with Chips and Beans
Vegetable Selection	Sweetcorn Broccoli	Peas	Roasted Vegetables Carrots	Sweetcorn Garden Peas	
Jacket Potato or Pasta	Pasta with Cheese Sauce	Jacket Potato with Baked Beans	Pasta with Tomato Sauce	Jacket Potato with Cheese	
Dessert	Peach and Pineapple Muffin	Toffee Cream Tart	Jelly & Ice cream	Vanilla Cheesecake	Chocolate Brownie

Key Stage 2

Primary Menu Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Chicken Fajitas with Potato Wedges	Hot Dog (pork) with Cubed Potatoes and Beans	Chicken Roast with Mashd Potato, Stuffing & Gravy	Beef Meatballs with Pasta in a Tomato Sauce with Garlic Bread	Crispy Battered Fish & Chips with Peas
Vegetarian Main Meal	Vegetable Burrito with Potato Wedges	Macaroni Cheese with a Crispy Cheesy Top	Veggie Sausages with Yorkshire Puddings served with Gravy	Quorn & Vegetable Taco with salad	Wholemeal Cheese & Tomato Pizza and Beans
Vegetable Selection	Sweetcorn	Garden Peas	Savoy Cabbage Broccoli	Sweetcorn	
Jacket Potato or Pasta	Pasta with a Cheese Sauce	Jacket Potato with Tuna	Tomato & Basil Pasta with Garlic Bread	Jacket Potato with Baked Beans	
Dessert	Frozen Strawberry Ice	Ginger Biscuit	Chocolate Crispy Cake	Trifle	Iced Cupcake with Sprinkles



### If you have any coronavirus symptoms:

- a high temperature
- a new, continuous cough
- a loss of, or change to, your sense of smell or taste

**Get a test and stay at home**

**Self-Isolation Guidance:** A reminder to all parents/carers that should anyone in your house have Covid-19 symptoms or have received a positive test result, **all members of the household should self-isolate for 10 days and not attend school.**

Please let school know if anyone in your household is self-isolating or has had a positive Covid test result using our out of hours email [covidreporting@heathfield.nottingham.sch.uk](mailto:covidreporting@heathfield.nottingham.sch.uk)

Support Grant from HMRC/Local Authority

**Friday Afternoon Rainbow Club Signup:** As we close for Easter on Thursday of next week, there will be no Rainbow Club.



# Parents with children at nurseries, schools and colleges

## A guide to regular rapid Covid-19 testing



## Regular rapid testing is now available for parents, their households and bubbles.

Regular rapid testing is a fast and easy way to find out if you have coronavirus and help protect your loved ones and community. It's free and takes around 30 minutes.

## Why introduce regular rapid testing?

Up to 1 in 3 people who have Covid-19 have no symptoms and could be spreading it without knowing.

Regular rapid testing is now available for parents of nursery, school children and college students. As well as adults in their households, childcare and support bubbles.

Regular testing for people without symptoms is already taking place across the country. Thousands of people who didn't know they had the virus have been able to take action to stop the spread of the disease.

As lockdown restrictions ease, getting into the regular habit of twice weekly testing will play an important role in getting back to normal; alongside the vaccine, following the hands, face, space guidance, and social distancing measures.

## Regular testing for school staff and students

Regular rapid testing is already available to all staff at nursery, primary and secondary schools and colleges.

Secondary school and college students aged 11 and above will continue to access regular rapid tests directly through their school or college. And we continue to encourage them to get tested.

On return they will initially be supervised while testing at school and then continue to test themselves at home with test kits they will get from school or college.

Nursery and primary school children are not being asked to be tested as evidence continues to show that children and young people are at low risk from Covid-19 and are very unlikely to get seriously ill.

## What is the benefit to you?

By taking part in regular rapid testing, you'll be protecting yourself and your loved ones. And helping us all get back to a more normal way of life.



## How does it work?

It's a simple swab test you can do at home, school, work or test site, using a Lateral Flow Device (LFD). It takes around 30 minutes to find out if you have the virus.

The test detects viral proteins that are present when someone has Covid-19. Research from Public Health England and Oxford University shows that they pick up the vast majority of people in the most infectious stage of the disease. With up to 1 in 3 people who have the virus showing no symptoms – they could be spreading it without knowing.

**Testing should take place twice a week, every three – five days, ideally in the morning. Why not add this to your morning routine?**

If you test negative, you can continue to go to work. You should still strictly follow all other government guidelines and avoid all unnecessary contact. If you, your household or bubble test positive, you should all self-isolate immediately. And then the person who has tested positive should also take a confirmatory PCR test and follow latest government guidance.

For more information visit [gov.uk/guidance/understanding-lateral-flow-antigen-testing-for-people-without-symptoms](https://www.gov.uk/guidance/understanding-lateral-flow-antigen-testing-for-people-without-symptoms)



YouTube Introduction to Rapid Lateral Flow testing

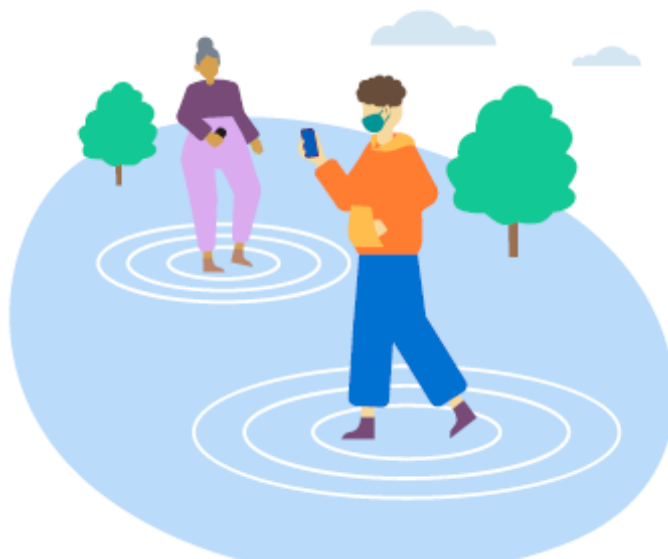


## Reporting your test

You should report your results online straight away, even if your result is negative or void. It's easy to do at: [gov.uk/report-covid19-result](https://www.gov.uk/report-covid19-result)

Results can also be reported via telephone by calling 119 (free from mobiles and landlines). Lines are open every day, 7am to 11pm.

If you have tested positive, you can also check to see if you are eligible for the £500 Test and Trace Support Payment.



## Where can I get tested?

If you are a parent or adult of a household, childcare or support bubble you can either:

1. Get an assisted test at work if it is available.
2. Attend a test site to get tested (where you will be able to see how to take the test) or pick up tests to do at home.
3. Order a test online to do at home.

To find out how to get a free rapid Covid-19 test visit [gov.uk/coronavirus-school-household-testing](https://www.gov.uk/coronavirus-school-household-testing)

Regular rapid testing is for those without symptoms of Coronavirus. If you have symptoms, you should continue to book through [nhs.uk/coronavirus](https://www.nhs.uk/coronavirus)