



Week 1						
Monday	Tuesday	Wednesday	Thursday	Friday		
This week, you are going to be writing a series of short stories using pictures for inspiration. Today's photo is the Abandoned City of Keelung in <b>Taiwan</b> . Who might live there? What might happen each day?		Nara Dreamland in <b>Japan</b> is an abandoned theme park that closed in 2006.	This is Kalavantin Durg in India; it is popular trekking destination standing at 2,250ft high!	Google Can you use the google search engine to find your own image to base a short story on? You can choose any country you like – try and pick one in Asia so it links to our topic. If you are stuck for ideas, you could use one of the images from the previous home learning pack for inspiration.		
Things to help you:	Things to help you:	Things to help you:	Things to help you:	Things to help you:		
Possible story starters: 1) The air turned black all around me. 2) A shrill echo cried in the mist. 3) My hair stood on end, a shiver raced down my spine and a lump came in my throat.	Possible story starters: 1) Bleary-eyed, I went downstairs for breakfast, the house was empty, even the furniture had gone 2) Three of us. We were the only ones left. The only ones who made it to the door	Possible story starters: 1) I have never seen a ghost. But like they say, there's a first time for everything. 2) The day had come they had been warned they hadn't listened and now they were in danger.	Possible story starters: 1) "Follow me," she whispered. 2) Cold and wet, tired and exhausted, she made her way along the uneven path. 3) I was on the twelfth step when I woke up in my pyjamas.	When do I start a new paragraph? • Change in time • Change in topic • Change in place • Change in character		
Week 2 Monday	Tuesday	Wednesday	Thursday	Friday		
This week, you are going to be writing two different types of recounts: a diary entry and a letter. Today, your task is to watch a short video and make a few notes from the BBC Bitesize website to help you remember the text features. Can you create your own helpful guide to use for the rest of the week?	Today, you are going to be starting your <b>diary entry</b> about your day on this beautiful beach in Bali.		Whilst travelling, people often send postcards or letters to people they are missing at home to tell them about what they've been up to. Imagine a friend has been staying here, at the Bokeo Nature Reserve in Laos, write them a letter to ask about their trip.	Time to share! You've worked hard to create some fabulous short stories and recounts this week, now is the time to share your wonderful writing! Sit and read it to a parent / carer or sibling in your house. Why not phone / video call another family member or friend so you can share it with them?		
Things to help you:	Things to help you:	Things to help you:	Things to help you:	Things to help you:		
<u>https://www.bbc.co.uk/bites</u> <u>ize/topics/z2yycdm/articles/z</u> <u>gfhcj6</u>	Remember, emotive language (how you are feeling) is one of the key features of diary writing, so try and include as much as you can! Dear diary, Today has been	Adjectives to describe the <b>weather</b> . hot, sweltering, warm, sunny, bright, muggy, humid, cold, chilly, rainy, damp, breezy, cloudy, clear, mild, bright Adjectives to describe your <b>emotions</b> : optimistic, cheerful, pleased, excited, jubilant, elated, inspired, timid, wary, jumpy, shocked	The Bokeo Nature Reserve is an area which helps protect its population of the black-cheeked gibbon. The Gibbon Experience is mainly known for its canopy set ups featuring the world's highest treehouses and ziplines. If you'd like to research the reserve, this is the web link: https://www.aibbonexperience.org	If you can, ask a grown-up or older sibling to supervise you taking a photo to send to your teacher's class email address – we'd love to see what you've been learning ©		





# Maths

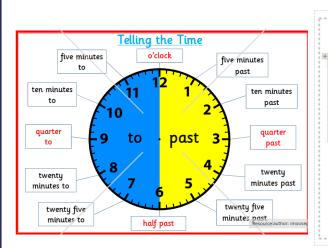
Monday	Tuesday	Wednesday	Thursday	Friday
Choose or roll on a dice a 5 or 6-digit number. How many ways can you partition that number? Remember partition means to split up into parts. A good way to work is to use a systematic pattern.	Create a piece of Angle Artwork! Can you name and explain each angle type?	You will be given measurements in cm. Convert to m and mm using the conversion chart below. 10cm = 98cm = 450cm = 450cm = 212cm = 1582cm = 6888cm = 10,000cm = Create your own!	Decide on a question you'd like to collect data on – E.G. What's your favourite ice cream flavour? (Vanilla, chocolate, Strawberry, mint) Ask and message friends and family to collect your data in a tally table. Then, try turning it into a graph or chart! (Pictogram, bar, pie)	Choose one of the maths topics and create a poster o everything you can remember for that topic. Don't forget to think about the presentation: it should be both clear and eye- catching!
Things to help you:	Things to help you:	Things to help you:	Things to help you:	Things to help you:
Look at this example using the +1000, -1000 pattern: 14,683 = 10,000 + 4,000 + 600, + 80 + 3 14,683 = 9,000 + 5,000 + 600 + 80 + 3 14,683 = 8,000 + 6,000 + 600 + 80 +3	<ul> <li> <ul> <li></li></ul></li></ul>	To turn cm in mm, x by 10 To turn cm into m, ÷ by 100	<ul> <li>Tally table template</li> <li>Graph/Chart templates</li> </ul>	Topic Ideas: • Number and place value • Addition and Subtraction • Multiplication and division • Fractions, decimals and percentages • Measurement • Properties of shape • Position and direction • Statistics
Monday	Tuesday	Wednesday	Thursday	Friday
Use the given menu or create a menu for a café or restaurant. Set prices for each item on the menu. Take orders from the people you live with. How much will it cost them altogether? Can you work out how much change they would need if they paid with different notes? Remember £1 = 100 pennies	Have a half price offer at your café/restaurant! Can you work out how much each item would be now and create a new menu. Take some new orders and calculate the costs and change.	Visit: <u>https://mathsfram</u> <u>e.co.uk/en/resourc</u> <u>es/resource/116/t</u> <u>elling-the-time</u> And practise telling the time. Can you write it digitally too? In both 12 and 24 hour?	Create a picture that uses repeating patterns. How complicated can you make your pattern? Consider using shape, colour, quantities, rotation	Choose a different topic, and create a poster for what you remember! Don't forget to think about the presentation: it should be both clear and eye- catching

hings to help you:	Things to help you:	Things to help you:	Things to help you:	Things to help you:
Prink         Prink           0         0           0         0           0         0           0         0           0         0           0         0           0         0           0         0           0         0           0         0           0         0           0         0           0         0           0         0	Half price = ½ = 50% = ÷2 Try halving pounds and pennies separately and recombining. £3.60.	Taking the Time T	shape shape and colour shape and colour colour and rotation number and rotation () () () () () () () () () () () () () (	Topic Ideas:         Number and place value         Addition and Subtraction         Multiplication and division         Fractions, decimals and percentages         Measurement         Properties of shape
1 m	Half of £3 = £1.50 Half of 60p = 30p Half of £3.60 = £1.80			<ul><li> Position and direction</li><li> Statistics</li></ul>

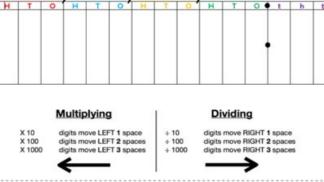
Tally	Frequency

A bar graph to show \_ Label: I Label: \_





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Billions





Week 1					
Monday	Tuesday	Wednesday	Thursday	Friday	
GEOGRAPHY Theme: Mystic East Select one country from Asia and compare it to the UK. Consider the size, population, climate, main religions, famous landmarks, types of house etc. Draw a comparison table and note down as much as you can about both countries.	ART Theme: Mystic East – Japan One of the famous art styles in Japan is that of anime/ cartoon style. Spend some time having a look at some cartoon styles and have a go at designing one of your own. Think about the audience and what the main story line is going to me and remember to illustrate it – that's the most important part!	DT Theme: Mystic East – China Using the instructions attached, design and create your own Chinese lantern. Please send a picture of your completed lantern to your class email account – we'd love to see your creations! Be as creative as you can with it and make sure it is colourful!	RE Theme: Mystic East One of the main religions across the Eastern world is Buddhism. Conduct some research in to the religion and write a paragraph summarising the main beliefs and celebrations of Buddhism. You could also look in to the history to find how/when and where Buddhism originated.	SCIENCE What affects my heart rate? You will need: Timer/stopwatch Today, you will experiment what impact a range of different activitie have on your heart rate. To begin, measure your resting heart rate by feeling your pulse and counting the beats in 30 seconds (x2 for a beats per minute). Then try some differen activities like jogging, skipping, star jumps, walking, lying down and record your heart rate at each one. Record your findings in an appropriate table.	
Things to help you:	Things to help you:	Things to help you:	Things to help you:	Things to help you:	
Online Atlas: http://www.yourchildlearns. com/online-atlas.htm	Cartoon template below Pencils and crayons Imagination!	The instructions (see below) Card, colouring pencils, glitter, paint, tape, glue.	<u>https://www.bbc.co.uk/bitesi</u> <u>ze/topics/zh4mrj6</u>	A timer (most phones will have one) Space!	

Week 2					
Monday	Tuesday	Wednesday	Thursday	Friday	
MFL Theme: Mystic East Why not have a go today at learning some Mandarin? Did you know Mandarin is the most spoken language in the world? Spend some time today learning some basic greetings such as: • Hello • Goodbye • What is your name? • My name is	MUSIC Theme: Mystic East - Thailand Listen to some traditional Thai music and evaluate. Enjoy the sounds for a few minutes and then consider what you like and dislike about the sounds and how it compares to the music your usually listen to. **Use subject specific terminology: rhythm, pitch, tempo, structure, beat, duration	DT Theme: Entertainment Design a board game for you and your family to play. Think about the layout, the aim of the game and the audience. Create a clear instruction booklet and enjoy an evening of home-made entertainment.	SCIENCE Check out one of these cool and easy science experiments and choose one to do with your family! Most of them require general household items but do check our the equipment list beforehand to make sure you have everything you need! Have fun!	<b>PSHE</b> Theme: Self Awareness Create a video diary all about you. You might want to include your likes/ dislikes, hopes for the future and an interesting fact about yourself. Feel free to share these with your class teacher via email or if you'd prefer, keep them for just you!	
Things to help you:	Things to help you:	Things to help you:	Things to help you:	Things to help you:	
<u>https://www.youtube.com/watch?v=Ofm11XFw8uY</u> – Mandarin Greetings song Google translate	https://www.voutube.com/watch?v=S XXK4P2Oss0 – Traditional Thai Music	Template design ideas (see below) Coins/ bottle tops make great counters if you need any!	<u>http://www.sciencefun.org/k</u> idszone/experiments/ Household items	https://www.bbc.co.uk/bitesize/t opics/z699q6f/resources/1 Watch one of these clips of children describing their normal days and what makes them, them!	

# **Chinese Lantern**

Glitter

Ribbon

Sticky tape

#### You will need:

- A4 coloured card
- PVA glue
- Scissors
- Sequins





First, fold the piece of card in half lengthways. Now, hold the card horizontally with the folded edge at the bottom and cut in a straight line from the fold, up towards the edge of the card. Make sure that the cuts stop before the edge of the card! Also make sure to space them out so that there is around 3cm between each cut.



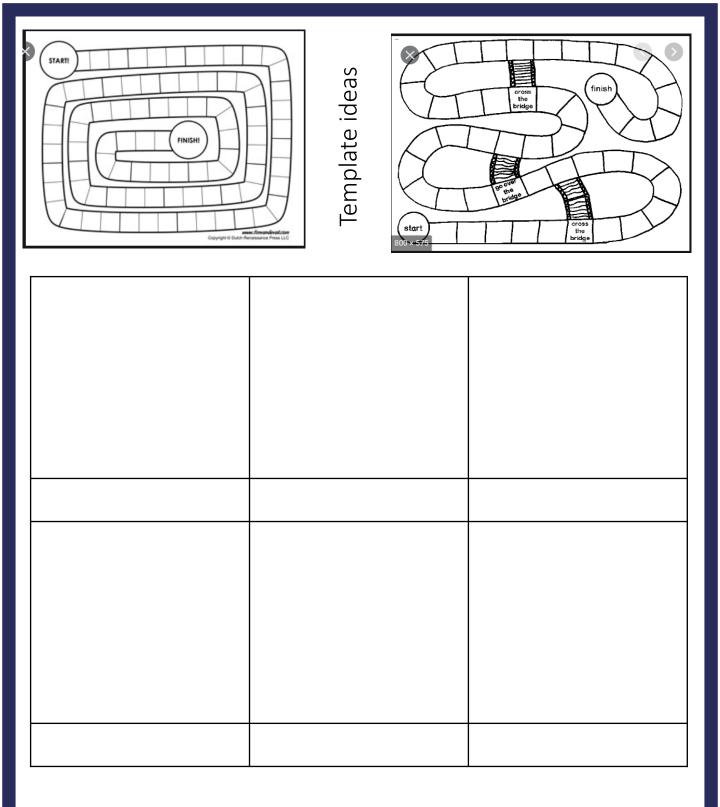
Now open the card out and lay it flat so that it is ready to decorate. You can use PVA glue to cover parts of the lantern with glitter. You can also stick on some sequins and lengths of ribbon along the bottom edge.



Once completely dry, bend the card around into a cylinder shape. Secure it in place using sticky tape.



Now make a handle for the lantern. You can use a piece of ribbon and attach it to the top of the lantern on the inside.



Cartoon template!





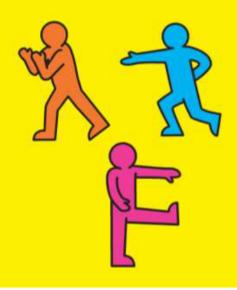
## Physical & Wellbeing

Week 1					
Monday	Tuesday	Wednesday	Thursday	Friday	
Physical – Next Level: Keeping Active at Home. Next Level provide daily online PE lessons at 10am. Follow the link below to access the entertaining and healthy activities. www.nextlevelsportsltd.com/online ne-pe Wellbeing – Make a list of five kind things you could do for someone else. This could be for the people you live with or people you don't see every day. These might be things like, help with washing the dishes or send a photo of some art to your grandparents. Each day complete one item from your list.	Physical – Play statues – see attached sheet <u>Wellbeing -</u> Complete one of things off of your list from Monday .	Physical – Next Level: Keeping Active at Home. Next Level provide daily online PE lessons at 10am. Follow the link below to access the entertaining and healthy activities. www.nextlevelsportsltd.com /online-pe Wellbeing – Complete one of things off of your list from Monday .	Physical – Press-up challenge – Can you do 100 press in a day? How long did it take you? How did your body feel afterwards? Will you continue? Feedback to your teacher Wellbeing – Complete one of things off of your list from Monday .	Physical – P.E. with Joe Wicks – Fancy dress Friday. Dress up in whatever you wish and complete this work out! Take a photo and send it to https://www.youtube.com/c hannel/UCAxW1XT0iEJoOTY IRfn6rYQ Wellbeing – Complete one of things off of your list from Monday .	
Things to help you:	Things to help you:	Things to help you:	Things to help you:	Things to help you:	
Physical         www.nextlevelsportsltd.com/onli         ne-pe       and an appropriate         space to complete         Wellbeing         Paper and pencil or pen	<u>Physical</u> Use the attached sheet to help you play the Statues game <u>Wellbeing</u> Your list from Monday	Physical www.nextlevelsportsltd.com /online-pe and an appropriate space to complete Wellbeing Your list from Monday	<u>Wellbeing</u> Your list from Monday	Physical         https://www.youtube.com/chan         nel/UCAxWIXTOIEJoOTVIRfn6rY         Q and an appropriate space to complete         Wellbeing         Your list from Monday	
Week 2					
Monday	Tuesday	Wednesday	Thursday	Friday	
Physical – Next Level: Keeping Active at Home. Next Level provide daily online PE lessons at 10am. Follow the link below to access the entertaining and healthy activities. <u>www.nextlevelsportsltd.com/online-pe</u> <u>Wellbeing –</u> Make a poster to put in your window. Use a positive and inspirational quote. Use google or make one up	Physical Sit up challenge! Hoe many sit ups can you do in 2 minutes? Time needed: 2 minutes Press up challenge! How many press ups can you do in two minutes? Time needed: 2 minutes Wellbeing – Make a 'proud cloud'. Draw a big cloud shape on a piece of paper and fill it with things you are proud of.	Physical – Next Level: Keeping Active at Home. Next Level provide daily online PE lessons at 10am. Follow the link below to access the entertaining and healthy activities. www.nextlevelsportsltd.com /online-pe Wellbeing – Make a list of all the things you want to do when lockdown finishes	Physical         Design your own training         circuit in your own home.         You have lots of different         activities at various         locations: press ups un the         living room, sit ups in the         kitchen, jogging on the spot         on the bathroom! You         decide.         Wellbeing –         Ask everyone in the house         to give you their favourite         jokes and make a joke         book. Read them all         together and have a giggle.	Physical – P.E. with Joe Wicks – Fancy dress Friday. Dress up in whatever you wish and complete this work out! Take a photo and send it to https://www.youtube.com/chan nel/UCAxW1XToiEJooTYIRfn6rY Q Wellbeing – Karaake challenge! Put on your favourite song and learn all the words. Perform that song to everyone with actions. You could even send it to your teacher!	
Things to help you:	Things to help you:	Things to help you:	Things to help you:	Things to help you:	
Physical           www.nextlevelsportsltd.com/onli           ne-pe         and an appropriate           space to complete           Wellbeing _           Paper, colouring pens and           google	<b>Physical</b> An appropriate space and a timer <b>Wellbeing</b> Pens and pencil and paper	Physical www.nextlevelsportsltd.com/onli ne-pe and an appropriate space to complete	<u>Physical</u> A appropriate space <u>Wellbeing</u> A pencil or pen and a piece of paper.	Physical https://www.youtube.com/chan nel/UCAxW1XT0iEJoOTYIRfn6rY Q and an appropriate space to complete	

### Warm-up activity



Strike a pose. Then another. And another!



### how to play

Players dance, jump and move around. When the command is called or music is stopped, players have to pose and hold very still. Repeat as many times as you like.

Vary the length of time the pose is held for. And give points for the quality of movement, poise and body control.

Here are some poses to start you off:

fencing pose - stand side on with your front foot pointing forward and your back foot pointing sideways. Crouch down with your back arm by your side and your front arm out ready to fence.

tackwondo pose - balance on one leg and have the other positioned out to the side.

bozing - feet shoulder-width apart, with one slightly in front of the other and both pointing in the same direction. Make sure your body is also facing sideways on, with your arms bent up in front of the body.

Safety: Ensure there is enough space and that poses have been practised before the game is played to ensure correct posture.

### equipment

Just a loud voice and some music!

#### sporting connection

Body control and concentration are important skills to have in fencing, boxing, taekwondo, wrestling and judo.

#### did you know?

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At the Antwerp 1920 Games, Haly's Nedo Nadi became the only fencer ever to win a gold medal with every weapon at a single Olympic Games.