# Lunch! Week 1

Week Commencing: 20th November, 11th December, 22nd January and 12th February

## Tuesday

#### Tunny Fillers

Cottage Pie with Potato Topping and Gravy

Macaroni 'Double Cheese' with Leeks

Green Beans

Lemon Drizzle Cake

#### Family Service

#### Thursday Tummy Fillers

Spaghetti Bolognaise with Garlic Bread

Cheese Quiche with New Potatoes

Sweetcorn

Rice Puddina

## Monday

Tummy Fillers

Sausage with Mashed Potatoes and Gravy

OR

Cheese, Leek and Potato Pie

Green Beans and Carrots

Chocolate Fruit Krispie

#### Wednesday



#### Tummu Fillers

Roast Chicken with Roast Potatoes and Gravy

OR

Quorn Roast with Roast Potatoes and Gravy

Carrots and Savoy Cabbage

Apple Flapjack

# Tunny Fillers

Fish Fingers with Chips

OR

Cheese and Tomato Pizza with Chips

Garden Peas and Baked Beans

Carrot and Pineapple Muffin

#### Salad Feast

Available EVERYDAY!

Everyday!

Freshly Prepared Salad Bar, Freshly Baked Bread, Fresh Fruit and Yogurt









# LUNCH! Week 2

Week Commencing: 6th November, 27th November, 18th December, 8th January, 29th January

# Tuesday

#### Tummy Fillers

All Day Breakfast

OR

Vegetarian All Day Breakfast

Strawberry Mousse

#### Family Service

# Thursday

#### Tunny Fillers

Beef Lasagne with Garlic Bread OR Vegetable Curry with Rice

Broccoli

Chocolate Brownie

# Monday

Tunny Fillers

Fish Pie

OR

Penne Pasta and Seasonal Vegetable Bake with Garlic Bread

Mixed side Salad and Sweetcorn

Pancakes with Warm Berry Compote



## Wednesday

Tunny Fillers

Roast Turkey with Roast Potatoes and Gravy

OR

Country Vegetable Pie with Roast Potatoes

Carrots and Seasonal Cabbage

Dorset Apple Cake with Custard

# Friday Tummy Fillers

Fish Fillet with Chips

OR

Cheese and Tomato Pizza with Chips

Garden Peas and Baked Beans

Cookie and Fruit Salad

### Salad Feast

Available EVERYDAY!

Everyday!

Freshly Prepared Salad Bar, Freshly Baked Bread, Fresh Fruit and Yogurt

Edwards & Blake

# LUNCH! Week 3

Week Commencing: 13th November, 4th December, 15th January and 5th February

# Tuesday

Tunny Fillers

Tuna Pasta Bake

OR

Quorn Sausages and Mashed Potato

Sweetcorn

Fudge Tart



# Thursday Tummy Fillers

Harvest Chicken Casserole with New Potatoes OR

Pasta with Broccoli and Tomato Sauce

**Green Beans** 

Chocolate Sponge with Chocolate Sauce

# Monday

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#### Tunny Fillers

BBQ Chicken with Rice

OR

Vegetable Lasagne

Seasonal Salad

Carrot Cake with Citrus Frosting

#### Wednesday



#### Tummy Fillers

Roast Topside of Beef with Yorkshire Pudding and Roast Potatoes

OR

Quorn Roast with Yorkshire Pudding and Roast Potatoes

Seasonal Cabbage and Carrots

Oaty Cookie

# Friday

#### Tunny Fillers

Fish Fingers with Chips

OR

Cheese and Tomato Pizza with Chips

Garden Peas and Baked Beans

Fruit Jelly and Ice Cream

### Salad Feast

Available EVERYDAY!

Everyday!

Freshly Prepared Salad Bar, Freshly Baked Bread, Fresh Fruit and Yogurt









